

Lassen & Crater Lake Hiking Itinerary

5 Days/5 Nights

Following is a tentative schedule for your hiking tour at Lassen Volcanic National Park and Crater Lake National Park. It may change depending on trail conditions, time of year, weather, group needs or other unforeseen circumstances. We believe the ability to change hikes allows us to offer you the best experience at any given time of year.

Arrival Day

Complimentary airport pickup is at the Redding International Airport at 3:00 PM in the baggage claim area. Our home for the next three nights is the Bidwell House in Chester, CA. If you are driving to the first inn, please meet at the Bidwell House at 5:30 PM for orientation. See logistics for complete travel and pick-up information.

Day 1:-

Welcome to Lassen Volcanic National Park and our first day of hiking! Lassen's elevations range from just over 5,000 feet to 10,457-foot Lassen Peak so we recommend you give your body a chance to acclimatize by drinking lots of water and not pushing yourself too hard.

Today's hike takes us to Bumpass Hell and then on to Cold Boiling Lake. Bumpass Hell is the largest area of geothermal features in Lassen Volcanic National Park, and is part of the region once covered by the ancient volcano Mount Tehama. The area was named after an early explorer named Kendall Bumpass who lost a leg after falling into a boiling pool in 1864. Bumpass Hell has three types of geothermal features: fumaroles, mudpots and hot springs. Bumpass Hell Basin which is full of steaming pools and many-colored soils (oranges, browns, yellows and greens created by sulphur and other chemicals). We will begin the hike at Lake Helen and travel a total of 6.8 miles out-and-back to Cold Boiling Lake with a total elevation gain of 1,000 feet. Before heading back to the inn, we will stop at the newly renovated Kohm Yah-mah-nee Visitor Center at the Southwest entrance of the Park if time allows.

Inn: Bidwell House

Day 2:-

Our second day of hiking takes us to the Southeast side of the Park. Today we will hike a loop to an ancient shield volcano, Mt. Harkness and down to Juniper Lake, the deepest lake in the Park. This marvelous trail begins in a red fir forest and gradually steepens before opening up to a woodland of mountain hemlocks and silver leaved lupine. The trail enters back into the forest as we follow switchbacks through jumbled volcanic rocks before our first view of spectacular Lassen Peak appears in the distance. A fire lookout stands atop the mountain, where a ranger watches the Park for signs of forest fires in the summer and fall. The peak offers magnificent 360 degree views of Brokeoff Mountain, Lassen

Peak, Cinder Cone, Mt. Shasta and the surrounding areas. After we have spent some time on the summit, we will head back towards Warner Valley. We will descent down a rocky trail that will take us to the beautiful shores of Juniper Lake. Those who are feeling adventurous can take a dip in the chilly water! After lunch, we will hike the remaining mileage back to the trailhead. This hike is 5.5 miles with an elevation gain of 1,250 feet.

Inn: Bidwell House

Day 3:-

Today is our transfer day from stunning Lassen National Park to the site of our next adventure -- Crater Lake National Park. Along the way we will stop at McArthur-Burney Falls Memorial State Park to experience the 129 ft waterfalls President Theodore Roosevelt pronounced as one of the wonders of the world. McArthur-Burney is the second oldest state Park in California Park System and sits on the western Modoc plateau halfway between Mt. Shasta and Lassen Peak. Around 100 million gallons of water flow over the falls a day which originates at Burney Creek, a tributary of the Pit River. Our 5 miles hike will take us to the source of the waterfall and down to Lake Britton for lunch. After lunch we will climb 300 feet to return to the falls for one last goodbye.

Inn: Crater Lake Lodge

Day 4:-

Today we will be exploring remarkable Crater Lake National Park. Crater Lake was established as a National Park in 1902 and is the only National Park in Oregon. Our day of hiking will be a combination of 2 hikes listed below.

Mount Scott: The gradual ascent of this trail takes you to the highest peak in the Park at 8,929 feet and the top of the tenth tallest mountain in Oregon's Cascades. Expect to see some industrious Clark's Nutcrackers among the whitebark pines and fuzzy seed stalks of the western pasque flower. When we reach the summit, we will be rewarded with panoramic views of Crater Lake, Mt. Shasta, the Klamath Valley and the Sky Lakes Wilderness. This hike is 5 miles round trip with an elevation gain of 1,250 feet.

Cleetwood Cove: This trail is the only way to access the stunning shores of Crater Lake. The steep descent (and then climb out) brings you through lodgepole pines, red firs and manzanita bushes. Eventually you reach the shores of the deepest lake in the United States (1,943 feet deep!). This hike is 2.2 miles round trip with an elevation gain of 700 feet.

Inn: Crater Lake Lodge

Day 5:-

Our last day at Park, we will walk out the back door of the lodge and climb Discovery Point in order to say goodbye to unforgettable Crater Lake. Discovery Point is the point from which, in 1853, gold prospector John Wesley Hillman caught the first glimpse of and "discovered" Crater Lake in. This moderate hike

brings us to a spectacular view of Wizard Island framed with mountain hemlocks. The hike is 2.2 miles round trip with a 100 foot elevation gain.

We will depart for the airport by 11:00 AM and arrive at the Redding, CA airport by 3:00 PM.

Logistics and Packing List **5 Days/5 Nights**

Arrivals:-

Complimentary pick up at the Redding (CA) Municipal Airport is 3:00 p.m. in the baggage claim area. If you have scheduled a pick-up with us and are going to be delayed please call our office (800-869-0949) and leave a message. Guides will check messages if they do not find you at the airport at the scheduled time.

If you are arriving on your own, please join us at the Bidwell House at 5:30 p.m. for orientation.

Luggage:

We assume each person will be traveling with one medium-sized suitcase and one small carry-on. Van space is limited. Please let us know in advance if you are traveling with more bags so we can do our best to accommodate your extra luggage.

Departures:-

Drop-off at Redding International Airport is scheduled for 3:00 p.m. Those guests departing by private car may need to follow group to the last hike's trailhead in their car.

Private Shuttles:

There are no commercial shuttles between Redding and Chester so you should plan on either meeting the complimentary shuttle at the appointed time and place or renting a private rental car for the week.

Inns:-

Bidwell House (1st, 2nd and 3rd nights)

<http://www.bidwellhouse.com>

1 Main Street

Chester, CA 96020

(530) 258-3338

Crater Lake Lodge (4th and 5th nights)

<http://www.craterlakelodges.com>

1211 Avenue C

White City, Oregon, 97503

(541) 594-2255

If you would like additional information about the inns we visit we recommend visiting their websites or calling the inns for a brochure.

If you would like to book extra nights, we recommend:

- 1 **In Redding:** Hilton Garden Inn -5050 Bechelli Lane Redding, CA. (530) 226-5111. <http://www.hiltongardeninn.com>. (Free airport shuttle service 8:00 AM-10:30 PM. Call upon arrival.)
- 2 **In Crater Lake:** Crater Lake Lodge. See contact info above.

Packing Information:-

We assume each person will be traveling with a maximum of one medium-sized suitcase and one small carry-on. If you will have more bags please let us know in advance as van space may be limited. With advance notice, we will do our best to accommodate extra luggage.

Please pack for the weather in Lassen and Crater Lake. Our inns are situated at 4,500 and 7,000 feet above sea level. Daytime temperatures in June and September may range from the high 50's to the high 70s, with nighttime temperatures dipping into the 30s or 40's. We recommend warm layers in addition to your normal attire. Most days are dry and entirely delightful, but please come prepared to be comfortable in a blizzard, in the rain, or under the hot sun. Humidity is very low here and the sunshine is intense so bring sunglasses, plenty of skin moisturizer, and sun-protection lotion.

For dinners: Most of the restaurants we dine at are mountain casual. Nice pants and shirts are great.

For hiking: People tend to prefer shorts, but be aware of the sun's intensity at high altitudes. We often hike in light-colored T-shirts that wick away moisture. You may wish to bring comfortable long pants for the mornings.

Suggested Equipment & Clothing List:-

- 1 Water bottles or hydration system (2 quart capacity minimum) - VERY IMPORTANT!
- 2 Day pack – large enough to carry extra clothes, water, and snacks.
- 3 Hiking Boots – We recommend comfortable, above the ankle, lightweight hiking boots. Tennis or walking shoes made for flat surfaces are not recommended. Breaking in boots prior to your trip will make your days hiking much more enjoyable.
- 4 Rain gear – Lightweight and waterproof layer for carrying and wearing on the trail. Top and bottoms. Bottoms are always good to throw on over shorts for warmth even if it is not raining.
- 5 Jacket – Heavy fleece or other warm parka for cold days, summits, and

- nights.
- 6 Evening wear – Casual (see dining attire above).
 - 7 Hiking attire – T-shirts and shorts (see hiking attire above).
 - 8 Socks – Enough pairs to keep your feet dry. Socks that wick away moisture (made with a good percentage of nylon, wool, or polypropylene) are best.
 - 9 Swimsuit
 - 10 Warm hat and gloves – for high altitude or in case of a cold snap
 - 11 Sun hat or visor – VERY IMPORTANT!!

Miscellaneous Personal Items

- 1 Toiletries – include plenty of high-SPF sunscreen and lip balm
- 2 Medications
- 3 Insect Repellent
- 4 Sunglasses – should have UV protective lens VERY IMPORTANT!

Optional

- 1 Camera, film
- 2 Hiking poles
- 3 Binoculars
- 4 Tevas or sandals